



10 DAY PRAYER CHALLENGE

WHILE TRYING TO
CONCEIVE

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I Am Fruitful

Hi friend.

I know this season is hard. Waiting for a child can be excruciating.

You've already taken a huge step of faith by doing this devotional. **YOU are a leader** in the "TTC Community" whether you know it or not! I am honored to come alongside you as a support during this difficult time, and I want to remind you that *with God on your side, you cannot fail!*

The Lord reminded me of James 5:16 as I began this letter to you, "The prayer of a person living right with God is something powerful to be reckoned with."

Before you begin this prayer devotional, I want to encourage you to get before the Lord and just have a conversation with Him. Ask Him if there's something you need to get right with Him. Maybe it's a sin or something you know you shouldn't be doing. Maybe it's that thing He asked you to do and you just haven't done it yet. Maybe it's something you need to lay at His feet (again). Whatever it is—surrender that thing, receive His forgiveness, get right with Him, and move forward.

The prayer of someone in right standing with God is powerful and highly effective. Don't underestimate what prayer can do!

This 10 Day Challenge is intended to supplement your daily quiet time. However, it's written devotional-style, so you can also use this as a foundation for your daily time with the Lord. Chew on the scripture and park at the places that stir something inside you and resonate with your spirit.

I believe this prayer devo can fire up your prayer life like never before, taking you deeper into the things of God, the love of God, and the heart of God.

I may not know you, but I love you! I wish I could invite you into my kitchen so we could open our Bibles together over coffee and pray these prayers together. I'm praying for you and believing for breakthrough and victory for you! Will you email me when these 10 days are up and let me know what God did in your heart? I'd love to hear from you.

Sincerely,

Lauren Bourne

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TIPS BEFORE BEGINNING THE DEVOTIONAL EACH DAY:

- * Go somewhere quiet and be alone with God.
- * Play worship music (I love playing Bethel or Gateway Worship on YouTube, Pandora, or Spotify).
- * Quiet yourself and focus on God for a minute or two before you begin.
- * Invite the Holy Spirit into your home and into your quiet time.

TIPS FOR ALLOWING THIS TO CHANGE YOUR HEART:

- * Add alerts on your calendar so it will remind you to re-read and meditate on the scriptures throughout each day. The Bible app is a great place to go for this! You can copy/paste the scriptures into your calendar.
- * Take time on the activations and allow the Lord to speak to you. A huge part of prayer is listening! God has so much to say to you!
- * Do this again or write your own prayers out during this time. You know what you need, what you struggle with, and what you should be focusing on. So don't limit yourself to the prayers in this devo! Allow the Lord to grow your prayer life and affect your heart.

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PHILIPPIANS 4:19 AMP

AND MY GOD WILL LIBERALLY SUPPLY (FILL UNTIL FULL) YOUR EVERY NEED
ACCORDING TO HIS RICHES IN GLORY IN CHRIST JESUS.

Prayer & Declaration

God, I thank you that you are my provider and that you will always supply my family's needs. I believe that you will fill our bank account with what is required to fulfill your vision for growing my family. I ask that you will expand my understanding of that vision and help me to align my heart with it. Your riches are unlimited. Your budget far surpasses what I can even wrap my mind around. Your storehouse is always full. So I posture my heart to receive from your unlimited supply, Lord. I know you will pull through for me in the area of my finances as I fully submit my needs and desires to you. Grow me in any areas I may be lacking and teach me principles I may not understand yet. Give me opportunities to learn how to be a good steward, a faithful tither, and a generous giver. Lord, I ask that you would provide every penny needed for any medication, test, or procedure that you direct me to pursue. Everything I have comes from you, and I commit my finances into your care.

Activation

Ask the Lord if there something about your finances that you haven't submitted to Him.

Is there anything He wants for you to stop or begin doing in the area of your finances?

Write down what He says so you don't forget.



PROVERBS 4:20-22 NLT

MY CHILD, PAY ATTENTION TO WHAT I SAY. LISTEN CAREFULLY TO MY WORDS. DON'T LOSE SIGHT OF THEM. LET THEM PENETRATE DEEP INTO YOUR HEART, FOR THEY BRING LIFE TO THOSE WHO FIND THEM, AND HEALING TO THEIR WHOLE BODY.

Prayer & Declaration

Lord Jesus, I come to you today about my health. I submit myself fully to you as I pursue healing for my body, mind, and emotions. God, I know that you desire for me to be in complete health. I ask that as I seek you with all my heart, pursue your purposes for me, and meditate on your beautiful word... that you would allow your truth to penetrate my heart. As your words soak in— bring life to the empty places, broken pieces, and hurts from my past. Use your word to heal my whole body. I know that every word of God contains its own ability to perform itself, so I confess Jesus' healing power over my life, over my womb, over my husband's body, over my ovaries and tubes. My body must align itself to God's word and begin working as you intended it to, in Jesus' name. I know you desire for us to "be fruitful and multiply," so I ask that you would heal every inch of my body and soul that needs to be healed before we become parents. Christ already died for my sicknesses, and you have the power to heal! I receive my healing, and I ask that you would give me wisdom about how to pursue further healing for my mind, past hurts, and emotions.

Activation

Write down what you need physical healing for then ask the Lord if there's an emotional hurt He wants to heal. Write it down.



2 TIMOTHY 1:7 AMP

FOR GOD DID NOT GIVE US A SPIRIT OF TIMIDITY OR COWARDICE OR FEAR, BUT [HE HAS GIVEN US A SPIRIT] OF POWER AND OF LOVE AND OF SOUND JUDGMENT AND PERSONAL DISCIPLINE [ABILITIES THAT RESULT IN A CALM, WELL-BALANCED MIND AND SELF-CONTROL].

Prayer & Declaration

God, I submit my emotions to you today. I invite your Holy Spirit to guide me, speak to me, and teach me. My emotions have me on a roller coaster, and I need you, Lord! I know you never wanted me to struggle with fear because fear and faith are opposites. I believe you have good things ahead for me, and as you teach me about your love, I ask that you would remove any fear that exists in my heart. Remove it for good! Teach me how to manage a healthy imagination, my free will, and my thoughts so they become assets and qualities– not hinderances which drag me down. Lead me and teach me how to have self-control so that I can lead my future children by example. When I become angry, show me how to do that without sinning. When I can't control a particular emotion, give me grace and gently show me how to change. Please show me which areas of my life I need to grow in personal discipline so that I can have what that scripture says- a calm, well-balanced mind and self-control. You have given us power in Jesus' name, and I deeply desire to grow in the knowledge and understanding of that power, so please show me how to use it! The enemy has to leave in Jesus' name and he has no authority over my mind anymore. God, please replace my anxiety, fear, and timidity with your truth, your power, and your love.

Activation

Ask the Lord if there's an emotion which rules you, and then look up a related scripture.



1 COR 13:4 NIV

LOVE IS PATIENT, LOVE IS KIND.

IT DOES NOT ENVY, IT DOES NOT BOAST, IT IS NOT PROUD.

Prayer & Declaration

Jesus, you are the ultimate example of how to be a good friend and how to receive love. Will you teach me how to navigate my friendships during this difficult season. I find myself pushing people away, struggling to be vulnerable, putting up walls, and shutting people out. I see my friendships being affected by this season, by my attitude, by the condition of my emotions and my heart. I need you, Lord. I need you in the area of my relationships, especially my friends. Help me to grow so that I can open up my heart to the people closest to me. Show me why I can't be vulnerable. Show me why I get that twinge every time I'm around *her*. Give me the courage to be a good friend, even when it's hard. And give me the grace and the wisdom to say no when I should. Help me to see what's important as I struggle to compare. I place my friendships into your hands and ask that you would show me who you want me to spend my time with and open up to. I desire to be a loving friend, a kind friend, and a content friend. And I fully expect that as you work on my heart and my friendships, that my soul would be refreshed.

Activation

Ask the Lord to bring a true friend to your mind. One like this: Prov 27:9 "Just as lotions and fragrance give sensual delight, a sweet friendship refreshes the soul."

Reach out to your friend today and let her know what she means to you in this season.



ROMANS 12:2 ESV

DO NOT BE CONFORMED TO THIS WORLD, BUT BE TRANSFORMED BY THE RENEWAL OF YOUR MIND, THAT BY TESTING YOU MAY DISCERN WHAT IS THE WILL OF GOD, WHAT IS GOOD AND ACCEPTABLE AND PERFECT.

Prayer & Declaration

Lord, I confess right now that I am strong, capable, and have a sound mind and good judgement. I invite you into the tough places today– I invite you past the “clean entryway” and into the messy laundry room, the disorganized closet, and the garage– the places in my heart and my life that need attention. I want you to see those today!! Then help me get things in order. God, show me if I have any habits that need changing– in my mind, my body, my emotions, my relationships. I don’t want to be in a rut where I’m doing something out of habit, obligation, or stress. I want everything I do to be done excellently and to be done for you. Trying to conceive has taken a toll on my body and on my emotions; I may be doing some things because other people do them, and not because *you* directed me to. Show me the truth here and make it clear what YOU want me to do. As I focus on your Word and renew my mind with your truth, I know that you give me direction about my habits. I lay my everyday life at your feet as a sacrifice, and I invite you to show me what you want me to adjust. I don’t want to become so adjusted to the way the “tcc community” does things, that I fit into it without even thinking. Instead, I fix my eyes on you and fully expect to be changed from the inside out!

Activation

Ask the Lord if there is a habit He wants you to start or give up. Take the next step (getting rid of something, adding something, etc. Set yourself up for success.)



Proverbs 4:6-7 AMP

DO NOT [A]TURN AWAY FROM HER (WISDOM) AND SHE WILL GUARD AND PROTECT YOU; LOVE HER, AND SHE WILL WATCH OVER YOU. THE BEGINNING OF WISDOM IS: GET [SKILLFUL AND GODLY] WISDOM [IT IS PREEMINENT]! AND WITH ALL YOUR ACQUIRING, GET UNDERSTANDING [ACTIVELY SEEK SPIRITUAL DISCERNMENT, MATURE COMPREHENSION, AND LOGICAL INTERPRETATION].

Prayer & Declaration

Lord, I know I desperately need your wisdom! Above anything else, Lord, pour out your wisdom on me because I know it will guard and protect me, keeping me safe. I may not have made this a priority before, but Lord I'm starting now by asking. You said in your Word that the beginning of wisdom is "get wisdom," so I'm asking and expecting fresh revelation. I commit to being proactive about seeking discernment, growing in maturity, and pursuing understanding. I have so many choices and so many decisions to make as we try to grow our family, and I don't want to make a single decision without your wisdom. Lord, please show us who we have in our lives that we can go to for Godly advice and wise counsel. Then give us a teachable spirit so we can learn and grow from them. Your Word says that the wise woman builds her house! So Lord, as we seek to grow our family, I ask that you would show me how to build my house in the midst of this waiting season!

Activation

Write out James 1:5 and James 3:17.



PSALM 50:14 NLT
MAKE THANKFULNESS YOUR SACRIFICE TO GOD.

PHILIPPIANS 4:6 AMP
DO NOT BE ANXIOUS OR WORRIED ABOUT ANYTHING, BUT IN EVERYTHING
[EVERY CIRCUMSTANCE AND SITUATION] BY PRAYER AND PETITION WITH
THANKSGIVING, CONTINUE TO MAKE YOUR [SPECIFIC] REQUESTS KNOWN TO
GOD.

Prayer & Declaration

God, it feels like a sacrifice to be thankful right now, because what I want most desperately hasn't been given to me yet. But I choose today to be thankful. Thank you for providing for us, loving us, giving us favor, pouring peace over our lives... thank you for everything you've done for us. Thank you for sending your Son to die in my place and for allowing me to live forever with You! Thank you for your presence, Lord. Thank you for redemption! God, I admit to being anxious and worried. I have so many concerns in this waiting period because things just aren't working the way I thought they would. Sometimes I just don't want this to be my story! But even in this frustration and in this deep longing... I choose to thank you, praise you, and THEN ask for a child. Remind me when I get out of the habit of thankfulness; I deeply desire to be grateful for what I have and content in my situation. I lay my anxiety, my worry, my stress, and my fears at your feet, and I wait expectantly, because I know you hear my prayers! Thank you, Lord.

Activation

Make a list of things you're thankful for. Then, thank God for each of them!



EPHESIANS 4:2-3 MSG

AND MARK THAT YOU DO THIS WITH HUMILITY AND DISCIPLINE—NOT IN FITS AND STARTS, BUT STEADILY, POURING YOURSELVES OUT FOR EACH OTHER IN ACTS OF LOVE, ALERT AT NOTICING DIFFERENCES AND QUICK AT MENDING FENCES.

Prayer & Declaration

Oh Lord! My marriage needs you during this season more than ever before. Would you remind us what we first saw in each other. Remind us of the good qualities, the memories... the things. Just remind us, Lord. Then would you help us pick up the broken pieces and put them back together? Help me to be a humble and respectful wife. Show me what honor looks like, and teach me how to pour myself out for him in love. God, we need you to help us be alert at noticing differences and quick at mending fences. Help us to put our selfishness aside and focus on each other's needs. Life is messy right now, and I don't want our marriage to be a mess too. Would you push us together during this time so we grow stronger during this season, instead of growing apart. I know that you are for us. I know that you have great things for our relationship. I know that you are bigger. Bigger than selfishness, bigger than dishonor, bigger than passivity, bigger than shame, bigger than anger or bitterness or resentment. You are bigger and I invite you into my life to *work on me*. I confess that you are bigger and you have bigger things for our marriage as we grow our family. Give us hope, Lord.

Activation

Ask the Lord to remind you of an amazing memory you and your spouse shared then remind your husband about it.



HEBREW II:6 MSG

IT'S IMPOSSIBLE TO PLEASE GOD APART FROM FAITH. AND WHY? BECAUSE ANYONE WHO WANTS TO APPROACH GOD MUST BELIEVE BOTH THAT HE EXISTS AND THAT HE CARES ENOUGH TO RESPOND TO THOSE WHO SEEK HIM.

Prayer & Declaration

I feel like some days I have all the faith in the world, and then other days I'm anxious and fearful about my future. Lord, I need you. And today, I confess that I not only believe you exist, but I believe you care enough about me to respond to me! I ask that you would help me shift my focus from faith in a specific outcome to faith that *you are good and you have good things for me*. We deeply desire a child, and I struggle with wondering if that will ever happen. Would you speak to me about this, Lord? Give me a word, give me something to cling to, then show me how to activate my faith as a result! I commit to stepping out in faith by doing "that thing" you keep putting on my heart, no matter how hard it is. But I need courage and supernatural strength! Faith is my handle on what I can't see, and today I'm asking that you strengthen that handle. I confess that you are good! I let go of everything else, and I trust that you will be good in my life.

Activation

Ask the Lord to show you one thing you can do to *activate* your faith. Talk to your spouse about it.

Now, go do it!



HEBREWS 10: 35-36 AMP

DO NOT, THEREFORE, FLING AWAY YOUR [FEARLESS] CONFIDENCE, FOR IT HAS A GLORIOUS AND GREAT REWARD. FOR YOU HAVE NEED OF PATIENT ENDURANCE [TO BEAR UP UNDER DIFFICULT CIRCUMSTANCES WITHOUT COMPROMISING], SO THAT WHEN YOU HAVE CARRIED OUT THE WILL OF GOD, YOU MAY RECEIVE AND ENJOY TO THE FULL WHAT IS PROMISED.

Prayer & Declaration

God, this season feels like it's dragging on and on, and I'm not sure I can continue this way. There are days I want to throw in the towel. But today, I ask for a fresh burst of endurance. God, I desire to have a fearless confidence in you because I know that comes with a great reward! But I know I need to learn to bear up under pressure, under heartbreak, under stress, under waiting. And not just bear up, but bear up without compromising— not my faith, not my peace, not my joy. I will not compromise those things, Lord. But I need you to help me in that! I deeply desire to receive everything you have for me— no more, no less. And I know that your timing is better than mine. But it's still so hard sometimes! So give me a fresh dose of endurance, and show me how to bear up under this pressure. Give me creative ideas for how to remain positive, how to stay strong, how to grow through it all. Other's receive what they ask for immediately, but I know there's something great at the end of this trial. You have something amazing for me, and you're not done with me. Teach me how to be a woman of endurance!

Activation

Ask the Lord if there's an area you're losing your endurance and what He wants you to do. Read Hebrews 10:37 "It won't be long now, he's [God's] on the way; he'll show up most any minute."